

Fight the Bite!



Protect yourself from...

West Nile Virus

- ▶ **DRAIN:** drain standing water.
- ▶ **DUSK and DAWN:** protect yourself by wearing long sleeves and pants and use insect repellent.
- ▶ **DEET:** use insect repellent with **DEET** in it.

For more information visit
www.lapublichealth.org
or call (800) 975-4448



COUNTY OF LOS ANGELES
DEPARTMENT OF HEALTH SERVICES
Public Health